



Household Emergency Plan

Emergencies can affect our lives with little or no notice.

Being prepared can help reduce the effects on your life and your loved ones; reduce the need for support from others and enable you to support the vulnerable in your community.

Distruption to essential services such as water, gas and electricity, regional and national travel and telecommunications are all ways an emergency can affect our everyday lives.

A crisis happens when we least expect it.

If the danger is inside:

GET OUT.

STAY OUT.

DIAL 999.

Station	Frequency	Website
BBC Radio Lancashire	95.5, 103.9, 104.5 FM	www.bbc.co.uk/sounds/play/live:bbc_radio_lancashire
Heart North Lancashire & Cumbria Radio	105.4FM	www.heart.co.uk/northlancs/

If the danger is outside:

GO IN.

STAY IN.

TUNE IN.

Once completed it would be advisable to print this form and store it in a plastic wallet in a safe place, e.g. upstairs (if available) and provide a copy to family or friends.

Creating an emergency pack

Be prepared. Creating an emergency pack will help locate essential equipment quickly in an emergency. For ideas on what to include visit www.lancashireprepared.org.uk/emergency-pack

Some suggested items are:

	Tick		Tick
Torch and spare batteries		First aid kit	
Battery powered radio and spare batteries		List of useful contact numbers	
Candles/matches		Toiletries	
Copy of this plan			
In case you are unable to leave the house it is suggested you should have:		In case you are stuck in your car due to severe weather or congestion, it is suggested you should have:	
	Tick		Tick
Bottled water		Blankets	
Ready to eat food (tinned)		Torch and spare batteries	
Bottle/tin opener		Water	
		Phone charger	

Location of where emergency pack is kept:

List of current medication

Medication name	Dose	When taken	Who takes it

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Complete the following sections and keep in a safe place where all in your household can easily access it

Name	<input type="text"/>	If you are evacuated, is there somewhere you can go? Friends or family?	<input type="text"/>
Mobile	<input type="text"/>		<input type="text"/>
Work	<input type="text"/>		<input type="text"/>

Name	<input type="text"/>	Who will look after your pets?	<input type="text"/>
Mobile	<input type="text"/>		<input type="text"/>
Work	<input type="text"/>		<input type="text"/>

Name	<input type="text"/>	If you can't contact each other, where should you all meet/ who should you leave a message with?	<input type="text"/>
Mobile	<input type="text"/>		<input type="text"/>
Work	<input type="text"/>		<input type="text"/>

Name	<input type="text"/>	Who will be responsible for picking up the children from school (if applicable)?	<input type="text"/>
Mobile	<input type="text"/>		<input type="text"/>
Work	<input type="text"/>		<input type="text"/>

Emergency telephone numbers

Emergency services	999	Local authority	<input type="text"/>
NHS out-of-hours	111	Doctor	<input type="text"/>
Police non-urgent	101	School	<input type="text"/>
Power cut	105	Other	<input type="text"/>

Important documentation and information

Insurance company name	<input type="text"/>
Insurance phone number	<input type="text"/>
Home insurance	<input type="text"/>
Policy number	<input type="text"/>
Other (please list)	<input type="text"/>

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Have you turned off the following? Who is responsible?

Tick Where are these utilities located at your property?

Gas	<input type="checkbox"/>	
Electricity	<input type="checkbox"/>	
Water	<input type="checkbox"/>	

If you are in the position where you are able to offer help to your community, start by checking that your neighbours are alright. Make a record of their details here:

Name	Address	Telephone	Mobile

Useful websites

Lancashire County Council
www.lancashire.gov.uk

BBC Lancashire
www.bbc.co.uk/lancashire

Lancashire Resilience Forum
www.lancashireprepared.org.uk

Environment Agency
www.environment-agency.gov.uk

National Flood Forum
nationalfloodforum.org.uk

Met Office
www.metoffice.gov.uk (weather ready)

Other useful information